



Lake District and Cumbria

Accessible accommodation with wheel-in showers

This list has been compiled as a result of many requests for information for fully accessible holidays. Unlike the majority of our literature we have not visited all the places included. We have tried to ensure the information is correct but we strongly urge you to consult with the owners of each property about the appropriateness of the accommodation for your own specific needs.

Self catering properties

Nationwide, Borrans Road, Ambleside :- this is owned by the charity Livability (formerly John Grooms). It is a bungalow specially adapted with wheel-in shower and is level throughout. A hoist and shower chair can be made available on request. It has 3 bedrooms (twin and two singles plus sofa bed) and sleeps up to 7 people.

Contact Livability Holidays 08456 584478

e-mail :- selfcatering@livability.org.uk

<http://www.livability.org.uk/holidaylet.asp?id=691&pageno=1>

Restharrow, Far Sawrey, Ambleside :- This is owned by the National Trust. It is an adapted apartment in a cottage, is level throughout with a double and a twin bedroom. There is a shower room with wheel-in shower and space to side transfer to the toilet.

Contact National Trust Holiday bookings 0870 4584422.

<http://www.nationaltrustcottages.co.uk/nt.asp?p=63&c=211>

Irton House Farm, Isel, Cockermouth, CA13 9ST. Several accommodations on site, 'Shepherds Rest' is level Throughout with twin and double bedrooms and a shower room with wheel-in shower.

Contact Joan and Reg Almond on 01768 776380

<http://www.irtonhousefarm.com/irtonhouse.htm>

Barkinbeck Cottage, Nr Kirkby Lonsdale, Kendal :- Ground floor cottage in converted barn with level access and one twin and one double bedroom. Adapted shower room with wheel-in shower. Contact 015395 67122

<http://www.barkinbeck.co.uk/cottage.html>

Moss Cottages, Newbiggin-on-Lune :- Two cottages adapted for people with disabilities, each has a double and a twin bedroom and a shower room with wheel-in shower. Contact Doreen and George Moynihan 015396 23316.

<http://www.cumbrianholidaycottages.co.uk/>

Simonscales Mill Cottage, Simonscale Mill, Cockermouth :- Cottage Adapted for people with disabilities with twin bedroom with en-suite shower room with wheel-in shower and double bedroom (optional single bunk above) also with en-suite. Contact Sue Lowes 01900 822594

<http://www.simonscales.fsnet.co.uk/>

Bark Cottage, Lowick Green, near Coniston Water :- Ground floor flat designed for people with disabilities with double bedroom, double/twin plus double futon in lounge. There is an accessible wet room with room to side transfer to the toilet plus a separate bathroom. Contact Jenny Tancock 01229 885416.

<http://www.tannerybarn.freeserve.co.uk/>

1 & 2 Primrose Court, Orton Road, Tebay :- 2 bungalows designed for people with disabilities in grounds of guesthouse. They both have a double bedroom with en-suite bath plus twin (electrically adjustable bed) with en-suite wheel-in shower. Also **Primrose Lodge** with similar layout to Primrose Court. B&B also available Contact 015396 24791

<http://www.primrosecottagecumbria.co.uk/index.htm>

The Tranquil Otter, Thurstonfield, Carlisle :- 4 out of 7 bungalows adapted for people with disabilities. 1 lodge has 1 king size bedroom, 2 lodges have a double and a twin bedroom and 1 has 2 double accessible rooms and a non accessible twin room, all have shower rooms with wheel-in shower and side transfer to toilet. Contact 01228 576661

<http://www.thetranquilotter.co.uk/home.html>

Hotels and Guesthouses

The Borrowdale Hotel, Borrowdale, Keswick :- 2 ground floor bedrooms with king/twin and en-suite bathrooms with bath and wheel-in shower. One 'Fellside' also has a pull down bed suitable for a carer. Reception/dining rooms are on the ground floor and have wheelchair access. Contact 01768 777224

<http://lakedistricthotels.net/borrowdalehotel/>

Burn How Garden House Hotel, Bowness-on- Windermere :- 2 of the rooms in the Rose garden annexe have specially adapted for wheelchair access, with both rooms having a full wet room with grab rails. There is ramped access to the main hotel restaurant, bars and lounge. Contact 01539 446226

<http://www.burnhow.co.uk/index.php>

The Burnside Hotel, Bowness, Windermere :- Twin bedroom in main hotel with an adapted en-suite wet room and space to side transfer to toilet. Level access to public rooms including restaurant. Also second room with access for wheelchair user with limited mobility. Contact 08700 468640

<http://www.burnsidehotel.com/>

Dale Lodge Hotel, Grasmere :- The hotel has a ground floor room situated at rear of hotel with an adapted en-suite wet room and space to side transfer to the toilet. There is level entrance to the main hotel restaurant and lounge. Contact 01539 435300

<http://www.dalelodgehotel.co.uk/index.htm>

The Shap Wells Hotel, Shap, Cumbria :- The hotel has an accessible room located in the annexe (ramped to entrance) with an adapted en-suite wheel-in shower. There is wheelchair access to public rooms in main hotel including the restaurant. Contact 01931 716628

<http://www.shapwells.com/index.html>

The Rothay Manor Hotel, Ambleside :- One ground floor bedroom in the main hotel (double and single beds) and the Loughrigg suite (twin and double bedroomed bungalow) set in the grounds have been adapted for people with disabilities. Both have adapted bathrooms with a wheel-in shower and bath. There is a portable ramp for the entrance and level access to public rooms including the restaurant. Contact 01539 433605

<http://www.rothaymanor.co.uk/hotel/index.html>

Compiled by Disabled Holiday Information 2007

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e-mail info@disabledholidayinfo.org.uk